



Therapist name here:

Care of:

PTSD Resolution

Therapist email here:

xxxxxx Surgery
Address lines
sxic.....@nhs.net

23rd January 2025

Reference: Joe Bloggs (DoB: xx January 1971) Discharge

To whom it may concern,

I wrote to you on 21st August 2024 to let you know that Joe had been referred to our charity. I am just writing to let you know that he has now been discharged. He attended eight online sessions in total and recovered in all metrics, including: PCL-5, GAD-7 and PHQ-9.

You are welcome to contact me directly if you need any further information.

Yours Sincerely,

Therapist name here:

Human Givens Psychotherapist