

Therapist name here:
Care of: PTSD Resolution
Therapist email here:

Dr
Address lines
nhsh.....@nhs.scot

8th January 2025

Reference: Joe Bloggs (DoB: xx June 1954)

Dear Dr x,

[preamble as necessary...]

I had some initial online contact with Joe last week and we were due to have another online appointment today, which he has just cancelled. I normally get in touch as a matter of routine but am also contacting you today because Joe has been expressing risk and he mentioned last week that he has had historic contact with a crisis team. I noted during our conversations that he was isolated, in physical pain and does not have much contact with anyone.

I have been advised by his local CMHT (Shona via 01.....) that they can only take referrals from someone's GP, so I am letting you know of my concerns.

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You are welcome to contact me directly if you need any further information.

Yours Sincerely,

Therapist name here:
Human Givens Psychotherapist
Therapist telephone number here: